

Sample Exercise for Self-Creating "Your" Content Created by Keith R. Kelsch, The Genuine optimist at www.genuineoptimist.com

Private Virtue My Dream

Public Virtue My Ideal

Vanity	Anger
To consume wisdom and exploit it for capitalistic	The perpetuation of foul logic, false observation
and social gain.	and opinion as truth.
Fantasies	Opinion
To sleep in late like a teenager again and eat	Democracy can never stretch beyond the
whatever I wanted at any time.	community; faith is the active exercise of applied
	truth, and truth is knowledge of things as they are
	and were. All political parties are tyrannical.
Wishes	Curiosities
To communicate every feeling and thought I have	What is meant when people say they feel the
with complete accuracy and with full impact.	spirit? How can a physical object travel faster
	than light? How do UFO's and God fit?
Ambitions	Interests
Daily mental workout, reading and writing.	I think all of life's riddles are answered in the
Doodle words every day and talk with my two	classics, provided one has a solid foundation in
boys and girl and talk with wife every day.	psychology and epistemology. Second best is the
	movies.
Goals	Concerns
Touch lives daily, be an excellent father/teacher,	That silence in heaven will continue the
promote The Political Optimist, complete Vision	suppression of any possible new enlightenment
Impact, launch Local Common Wealth and	during my life.
Vision Impact Leadership.	
Vision	Hopes
To find and spread the good word about certain	To see and secretly finance a Godlike hero.
axioms and truths.	
Believe	Principles
I believe in adding more value than I take from	There is no bottom to persistence but there is
the community.	value.
Dreams	Ideals
To see the mountains of centralized power made	To live to see knowledge of the Infinite engulf the
low & the valleys of widened consent made high.	world as waters cover the sea. Or just to see, face
25 25 the valleys of widefied consent made high.	to face, one mighty and strong, the last David.

Oxford English Dictionary Definitions

Vanity; emptiness, worthlessness; any thing or act that is futile, idle, or devoid of use; worthless and self-conceit.

Fantasy; wild, illusory notion with no counterpart in the real world. A product of the imagination.

Wishes; to have a longing for: to crave, or to desire to be at some specified place or condition.

Ambition; a going around (as in to solicit votes); demanding great effort; a drive to succeed. Eagerness.

Goals; the boundary mark, or to hinder, impede; the line or place at which a race, trip, etc. is ended. An object or end one strives to attend.

Vision; something seen other than by ordinary sight. An unusual discernment or foresight.

Belief; The conviction that something is true

Dream; to think of as possible; to realize one's ideals by first seeing and imagining them as likely.

Anger; constricted, distressed; a feeling of displeasure resulting from injury, mistreatment, opposition, etc.

Opinions; a belief not based on absolute certainty or positive knowledge but on what seems true to one's own mind.

Curiosities; unnecessarily inquisitive; prying; arousing attention or interest because a thing is unusual or strange.

Concerns; to have a relation to or bearing on; to deal with; to draw in, engage or involve.

Purpose; to propose an aim to oneself; to intend; that which one sets before himself as an object or result to be attained.

Hopes; a ground or source of happy expectation; a reason, evidence or thing on which one may base anticipation.

Principles; A law of nature or essential truth upon which other truths are based

Ideals; Thought of as perfect or as a model, exactly as one would dream; a conception of something in its most excellent form, especially something of noble design.